2012 SCHOOL CROSS COUNTRY

The School Cross Country will be held on Friday, 30th March starting at 1.30pm and finishing by 3.00pm.

All students who turn 8 this year or older, are eligible to enter. This will include some Year 2 children who will join the Primary students for this activity.

The running course will follow a track that starts on the side oval beside the school, then proceeds around the clearing near the town netball court, across the town oval before returning to the side oval. Students aged 8, 9 and 10 will complete two laps while those aged 11, 12 and 13 will complete three laps. Students and teachers will walk the course prior to the running of the event.

The first 4 place-getters are eligible to go to the Zone Cross Country held next term at Wingham.

All students will need to wear their normal Sport Uniform and have appropriate running footwear (no boots or hard-sole school shoes).

This event is approved by the Principal.

If your child has any medical concerns, please this these on the Permission Note below.

Please complete and return the permission note to the Front Office by Thursday, 29th March.

Also, if you are able to help on the day as a course official, could you please write your name and contact phone number on the bottom of the Permission Note.

Karen Cavanagh
Principal

D. Kingsland
Cross Country Co ordinator

2012 SCHOOL CROSS COUNTRY
Permission Note

I hereby give permission for my child………………………………………. of class........to participate in the School Cross Country to be held on Friday, 30th March 2012 on a course around the Nabiac town oval, school side oval and netball courts, as well as a supervised walk of the course prior to the event. This event is approved by the Principal.

signed...............................................................................      date.....................................
   (parent/caregiver)

My child has the following medical concerns …………………………………………………………………………………………………………………

…………………………………………………………………………………………………………………………………………………………………………………………………………………………

I would like to help on the day as a course official;

Name ……………………………………… Contact phone number …………………

Privacy Statement
The information provided on this form is being obtained for the sole purpose of this excursion/activity. It will only be used by the NSW Department of Education and Communities if necessary. No other persons or agencies will be provided with this information.

‘The best little school anywhere…’